



**Joanna in Virginia** Tim's Preview - posted by Joanna Gdl Stage 7 is a 40.6- 05-09-2024  
kilometer ITT in the center of the boot from Foligno northwest to Perugia. The 07:52:24 pm  
first 34 km are flat. The final 6 km are a steep climb. There is an optional bike changing zone  
at the base of the climb. Riders will start in reverse GC order beginning at 13:00 CEST. The  
maglia rosa starts at 16:22. It is imagined that it will take 52 minutes to ride the course.  
Forecast is for sunshine in the low-20s. Live stream from before the start.

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**Joanna in Virginia** [https://rumbletalk-images-](https://rumbletalk-images-05-09-2024) 05-09-2024  
[upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715299062-stage-](https://rumbletalk-images-05-09-2024) 07:52:44 pm  
[7-route.jpg](https://rumbletalk-images-05-09-2024)

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**Joanna in Virginia** [https://rumbletalk-images-](https://rumbletalk-images-05-09-2024) 05-09-2024  
[upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715299127-stage-](https://rumbletalk-images-05-09-2024) 07:53:48 pm  
[7-profile.jpg](https://rumbletalk-images-05-09-2024)

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**Tim in KY** Here are some detail profiles of the finish climb. The first 1.5 05-10-2024  
kilometers are the steepest, the last five are more gradual. 06:27:35 am

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**Tim in KY** [https://rumbletalk-images-](https://rumbletalk-images-05-10-2024) 05-10-2024  
[upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715337163-stage-](https://rumbletalk-images-05-10-2024) 06:27:44 am  
[7-casaglia.jpg](https://rumbletalk-images-05-10-2024)

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**Tim in KY** [https://rumbletalk-images-](https://rumbletalk-images-05-10-2024) 05-10-2024  
[upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715337188-stage-](https://rumbletalk-images-05-10-2024) 06:28:08 am  
[7-profile-finale.jpg](https://rumbletalk-images-05-10-2024)

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**Tim in KY** No news yet of any DNS today. 05-10-2024  
06:29:39 am

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**Tim in KY** Because of all the abandons, the first rider start time has moved 05-10-2024  
from 13:00 to 13:10. 07:05:30 am

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**Tim in KY** Jens said on the pre-race show that he didn't think there would be 05-10-2024  
an bike changes for the climb. He thinks the steep start is so short that a rider 07:16:27 am  
would loose more time on the change than he would gain on the climb.

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**Tim in KY** Good morning Jo. Slow day here so far. 05-10-2024  
07:52:46 am

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**Charlie in Tenn** Good morning. Overcast but not raining. 05-10-2024  
07:56:10 am

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 **PERUGIA**

**PONTE VALLECEPPI**

 **ZONA CAMBIO BICICLETTA  
BIKE-EXCHANGE ZONE**

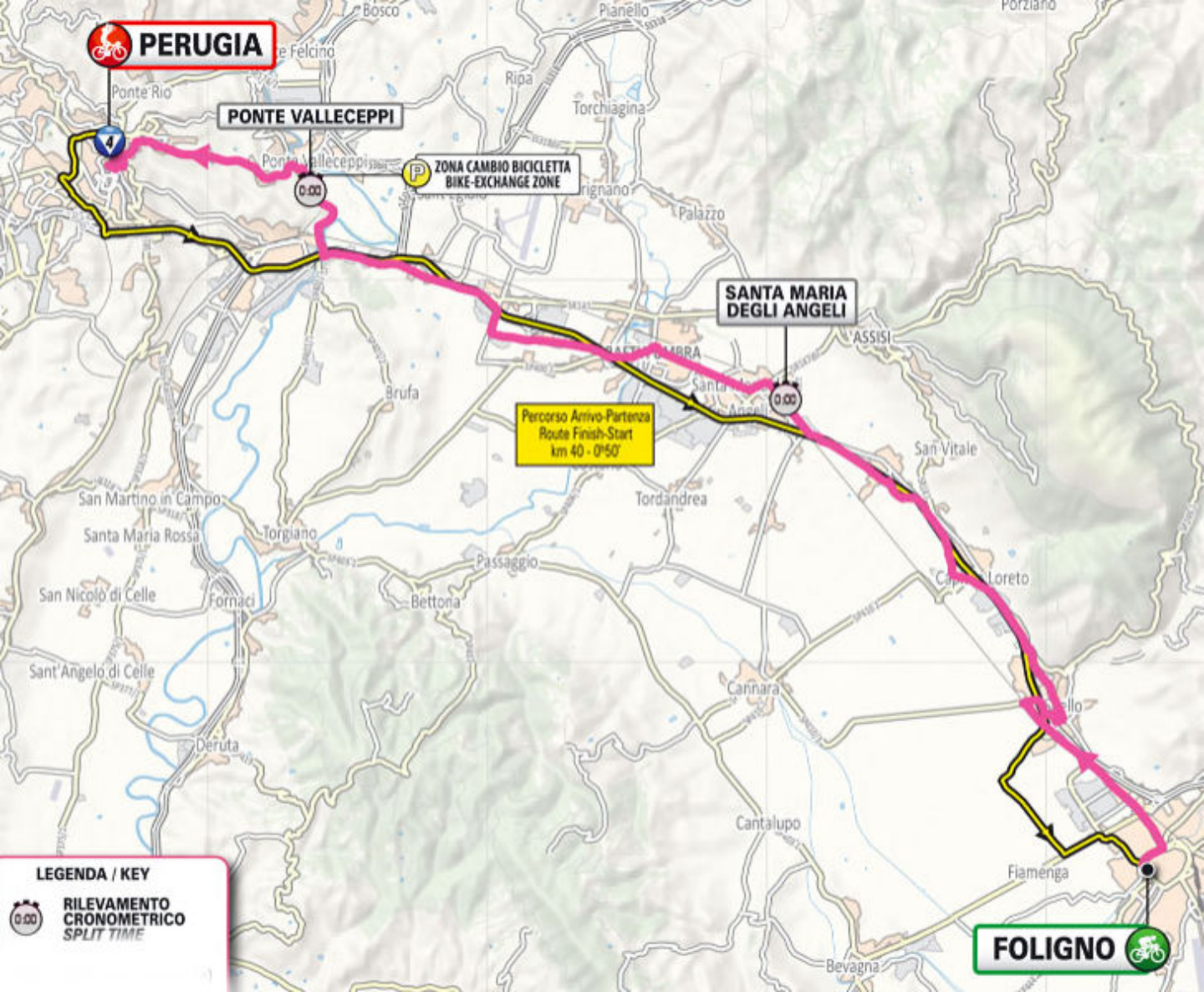
**SANTA MARIA  
DEGLI ANGELI**

**Percorso Arrivo-Partenza  
Route Finish-Start  
km 40 - 0'50"**

**LEGENDA / KEY**

 **RILEVAMENTO  
CRONOMETRICO  
SPLIT TIME**

**FOLIGNO** 



**234 - FOLIGNO**



**475 - PERUGIA**

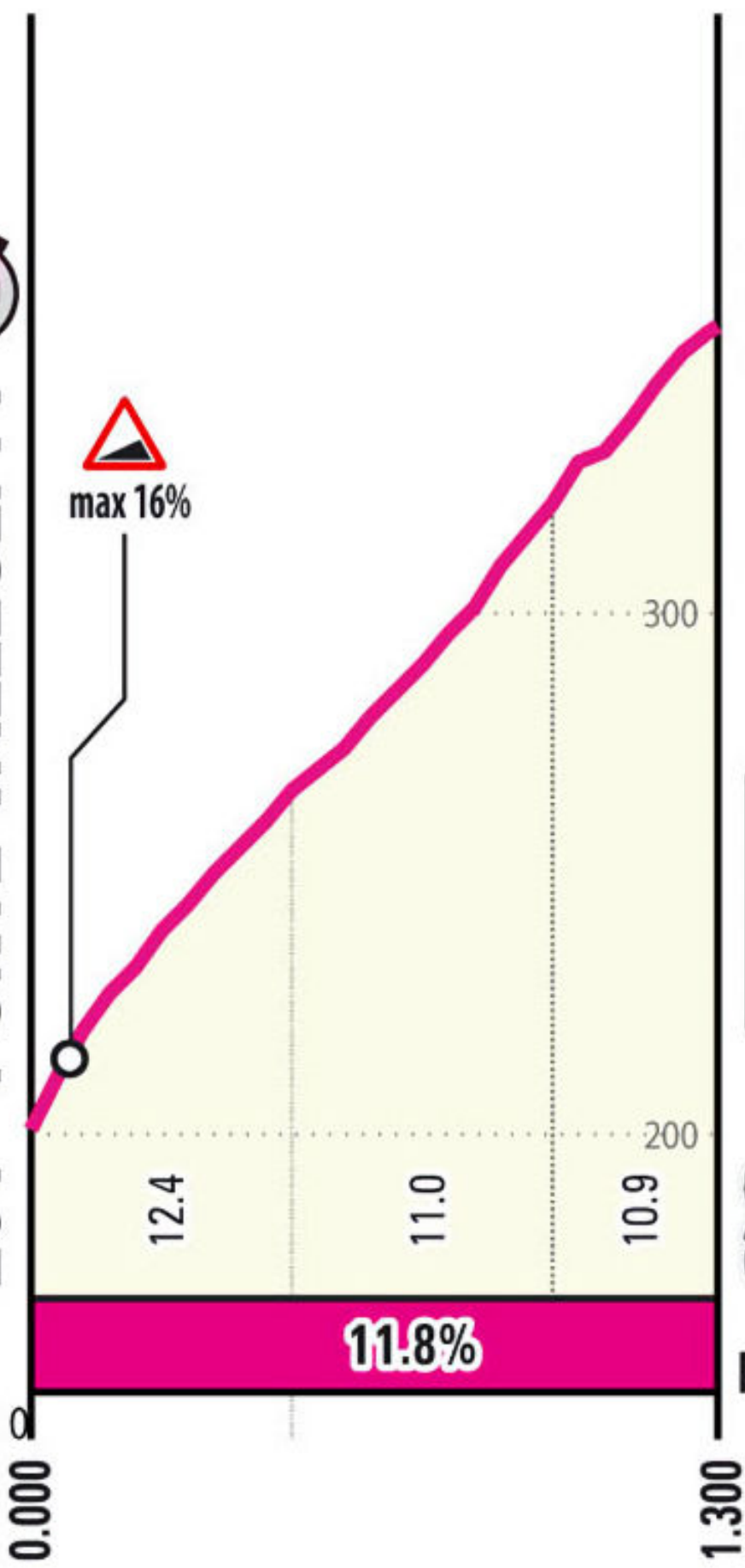


# 201 - PONTE VALLECEPPI

# 355 - CASAGLIA

km 32.0

km 33.3



max 16%

300

200

12.4

11.0

10.9

11.8%

1.3 km  
154 m  
11.8%

SDS

1.300

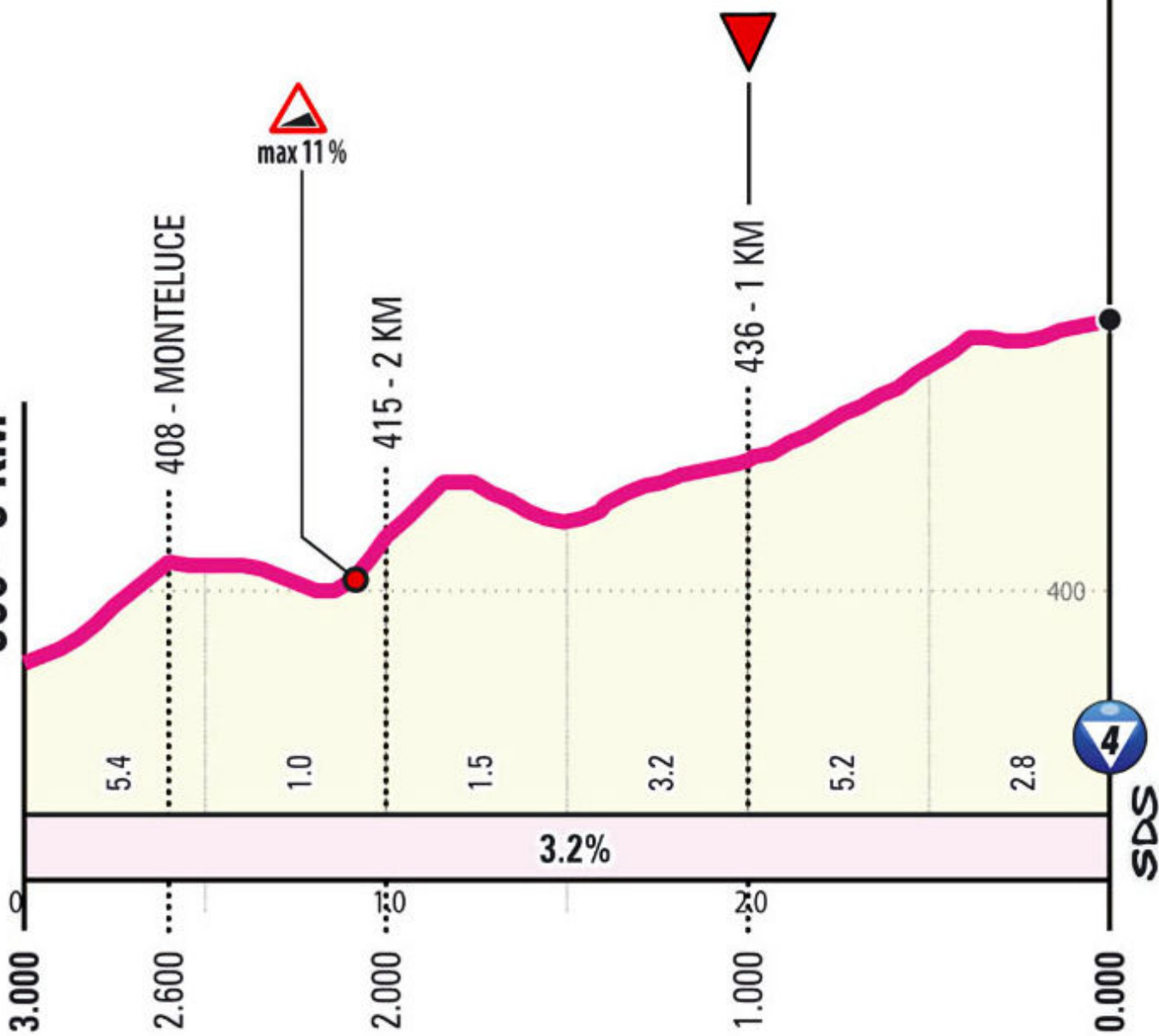
0.000

# 475 - PERUGIA



## Corso Vannucci

380 - 3 KM



3.2%

SDS







**Tim in KY** Very overcast here, too. Quite gloomy.

05-10-2024  
07:56:58 am



**Tim in KY** But no rain.

05-10-2024  
07:57:07 am



**Charlie in Tenn** Actually I can see blue sky so partly cloudy here.

05-10-2024  
08:00:04 am



**RocketCityGal** Buon giorno, tutti!

05-10-2024  
08:00:53 am



**RocketCityGal** News from kittenland! now there are 7 kittens!!!

05-10-2024  
08:01:33 am



**RocketCityGal** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715342809-1715342509719.jpeg>

05-10-2024  
08:01:50 am



**RocketCityGal** A lady scooped a tiny overheated kitten from the sidewalk in town yesterday afternoon and rushed it to the Humane Society. The staff there cooled it and revived it. Then they called me because they thought maybe the mama cat I am fostering would accept the kitten. It was only about two or three days old, and sneaking it into another batch of kittens about the age was its only realistic chance.

05-10-2024  
08:04:57 am



**RocketCityGal** I rubbed the scent of the other kittens and the mama cat all over the new one, and the mama cat accepted it right away she immediately started giving it a bath, and it started nursing.

05-10-2024  
08:06:02 am



**Tim in KY** Interesting cat story, RCG.

05-10-2024  
08:09:03 am



**Tim in KY** They haven't shown anyone on the steep part of the climb yet.

05-10-2024  
08:10:47 am



**Katie Lane** Here's a heads up for anyone interested -- because of the coronal mass ejections and other intense solar activity this week, people who usually don't get a chance to see the aurora borealis might get a chance tonight.

05-10-2024  
08:24:44 am

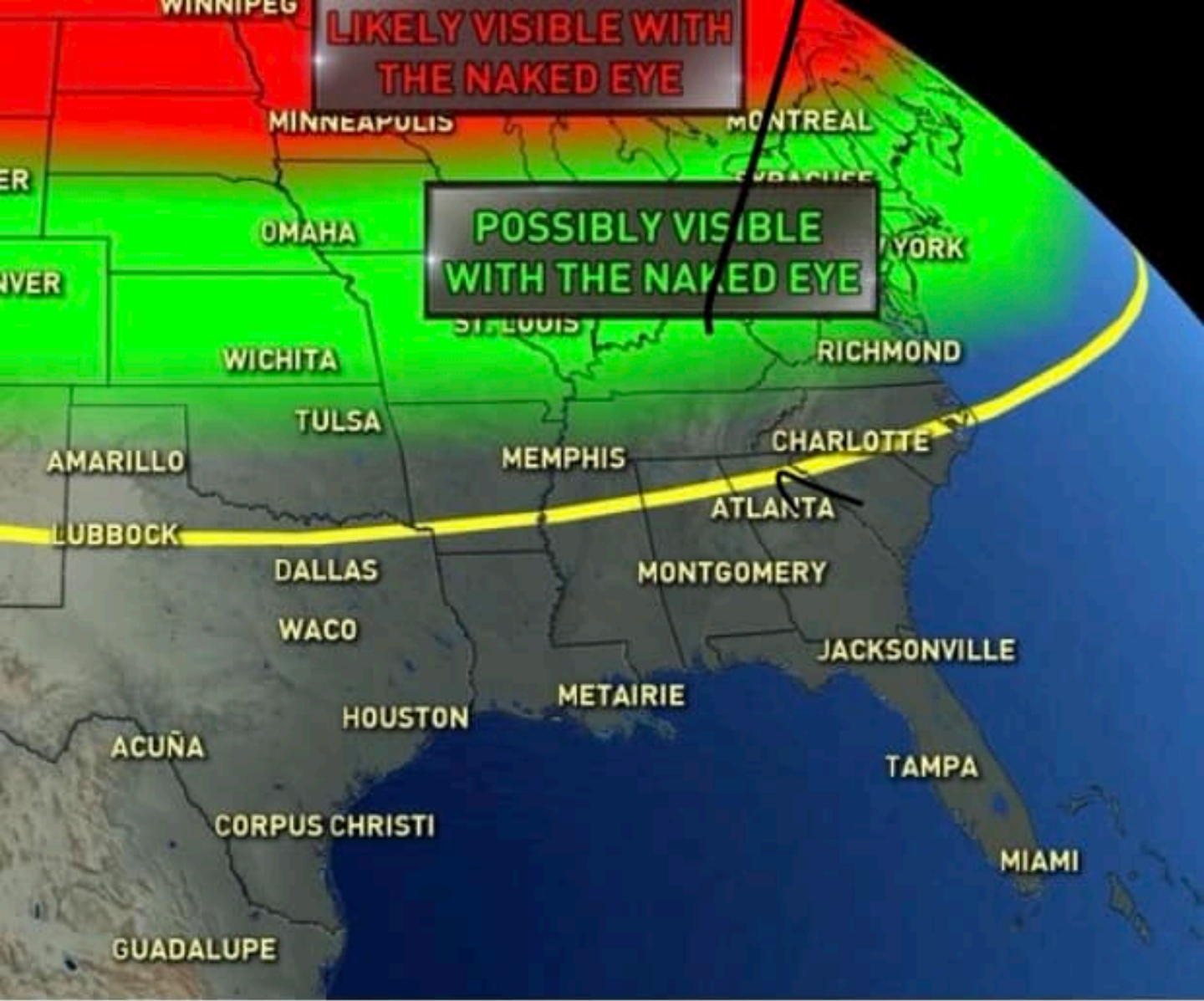


**Katie Lane** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715344198-aurora%20borealis.jpg>

05-10-2024  
08:24:59 am











**Charlie in Tenn** I hope we can see it. I will save us millions of dollars on a trip to Norway.

05-10-2024  
08:27:58 am



**Katie Lane** :D

05-10-2024  
08:30:38 am



**Charlie in Tenn** New leader. Daan Hoole

05-10-2024  
08:31:37 am



**Tim in KY** Finally get to see the really steep part.

05-10-2024  
08:32:26 am



**Tim in KY** With the cloud cover here, there's no chance for us.

05-10-2024  
08:35:29 am



**Tim in KY** O'Ganna starts.

05-10-2024  
08:37:42 am



**Tim in KY** I expect him to phone this in.

05-10-2024  
08:39:03 am



**Charlie in Tenn** I think the Ineos director said they would be going for it with Sheffield, Thomas, and Ganna.

05-10-2024  
08:41:53 am



**Charlie in Tenn** Ganna hit a woman's arm going into the first turn. Weird.

05-10-2024  
08:42:56 am



**Tim in KY** That's interesting given the tough mountain stage tomorrow.

05-10-2024  
08:43:30 am



**Katie S** Good morning, everyone plus Seventh Kitten. What I'd like to know is will the winner today be rewarded with the local chocolate?

05-10-2024  
08:44:04 am



**Charlie in Tenn** New leader Milesi.

05-10-2024  
08:44:25 am



**Charlie in Tenn** The wanty guy lost his computer somewhere near the finish.

05-10-2024  
08:45:37 am



**bikerabe** O'Ganna isn't phoning it in he just a minute man already

05-10-2024  
08:49:20 am



**bikerabe** caught minute man

05-10-2024  
08:50:22 am



**Tim in KY** O'Ganna sets best time at first time check.

05-10-2024  
08:59:26 am



**Katie S** You say leedle, I say liddleâ€¦ Lidl is persnickety about its name pronunciation, I guess

05-10-2024  
09:03:34 am



**Tim in KY** I've never heard it called anything but Leedle.

05-10-2024  
09:05:51 am



**Tim in KY** O'Ganns passing 3 minute man.

05-10-2024  
09:06:21 am



**Katie Lane** Brought back a Lidl grocery bag (cloth) from a trip.Â The Lidl bag is actually quite large.

05-10-2024  
09:07:01 am



**Katie S** Heh heh

05-10-2024  
09:07:49 am



**Charlie in Tenn** O'Ganna passed his 5 min man

05-10-2024  
09:18:44 am



**Katie S** Iâ€™m sitting here on the couch this morningâ€¦ taking the day off to attend â€œGrandparents and Special Friends Dayâ€ at my nieceâ€™s school. Tomorrow Iâ€™ll take my mom to spend Motherâ€™s Day eve and morning with my brother in a town 90 miles south of here (and go hear him preach Sunday), then we will go visit one sister (of two) at her new apartment in a town 70 miles northeast of my brother. So, Iâ€™m taking all of today offâ€¦. Because thatâ€™s gonna be a lot of driving and family time.

05-10-2024  
09:18:45 am



**Katie S** Bjerg in the hot seat

05-10-2024  
09:18:47 am



**bikerabe** Bjerg sets fast time until O'Ganna arrives

05-10-2024  
09:19:20 am



**Charlie in Tenn** Sounds like a busy weekend but good for the family.

05-10-2024  
09:20:38 am



**Tim in KY** That is a really steep climb.

05-10-2024  
09:21:13 am



**Charlie in Tenn** 11.8 % with a max of 16% very early

05-10-2024  
09:27:07 am



**Charlie in Tenn** 1.3 kms

05-10-2024  
09:27:33 am



**Katie S** Oâ€™™Ganna passes his 1 hour man

05-10-2024  
09:28:29 am



**Tim in KY** My goodness.

05-10-2024  
09:29:35 am



**bikerabe** O/Ganna crushes TT by 1,39

05-10-2024  
09:29:58 am



**Katie S** Wow

05-10-2024  
09:30:06 am



**Charlie in Tenn** I guess he was wanting for today.

05-10-2024  
09:31:34 am



**Tim in KY** Still 50 minutes until Pog starts.

05-10-2024  
09:35:27 am



**Charlie in Tenn** Sheffield 35 sec behind O'Ganna at the first check but only 11 behind Cerny who was second at that point.

05-10-2024  
09:35:49 am



**Katie Lane** I don't think anyone will come close to that time.

05-10-2024  
09:35:58 am



**Katie S** I guess the facial scruff didnâ€™™t create much drag

05-10-2024  
09:36:24 am



**Katie Lane** :)

05-10-2024  
09:37:05 am



**Katie Lane** To me it always seems weird that they shave their arms and legs, wax or shave their chests,Â then don't shave their faces.Â I guess hairlessness is mostly so that things will be "cleaner" if they crash and then need bandages stuck on.

05-10-2024  
09:38:28 am



**Katie Lane** It'

05-10-2024  
09:38:49 am





**Katie Lane** It's always a bit startling to see the rare rider that doesn't remove his chest hair. Wha.... wait..... that's just WRONG!

05-10-2024  
09:39:24 am



**Katie Lane** Bredewold won the first stage of the Itzulia race today, with Sierra 2nd and Vollering 3rd.

05-10-2024  
09:39:59 am



**PasadenaK8** Morninâ€™ everyone ~ Visited Perugia once. It just so happened to be on the day of their chocolate festival. Twas amazing! Very envious of you all within the route of a possible viewing of an Aurora Borealis. Definitely a Bucket List item for me.

05-10-2024  
09:41:52 am



**Katie Lane** The NWS has examined everything after the storms. The tornado that hit "old town" Huntsville was an EF-1. There was wind damage well beyond the actual tornado path, with huge trees down (some fell on houses and cars). As far as I know, that tornado and the EF-2 that hit further east in the county did not cause any injuries.

05-10-2024  
09:44:45 am



**Katie Lane** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715349002-Old%20Town%20Tornado.jpg>

05-10-2024  
09:45:03 am



**Katie Lane** Stronger tornadoes hit in counties to the west and east of us.

05-10-2024  
09:46:09 am



**Charlie in Tenn** Happy International Day of Argania

05-10-2024  
09:49:12 am



**Charlie in Tenn** The theme of this year's International Day, "The Argan Tree facing the challenges of climate change" aims to highlight the challenges facing the ecosystem and the role of the Argania tree in strengthening sustainable development and environmental conservation efforts. It is also an opportunity to promote efforts that empower communities and rural women through the support and promotion of cooperatives and agricultural organizations.

05-10-2024  
09:49:49 am



**Charlie in Tenn** Comes from Morocco.

05-10-2024  
09:50:08 am



**Tim in KY** Robbie agrees with me that the Visma TT helmets are "horrible".

05-10-2024  
09:50:29 am



**Charlie in Tenn** but fast

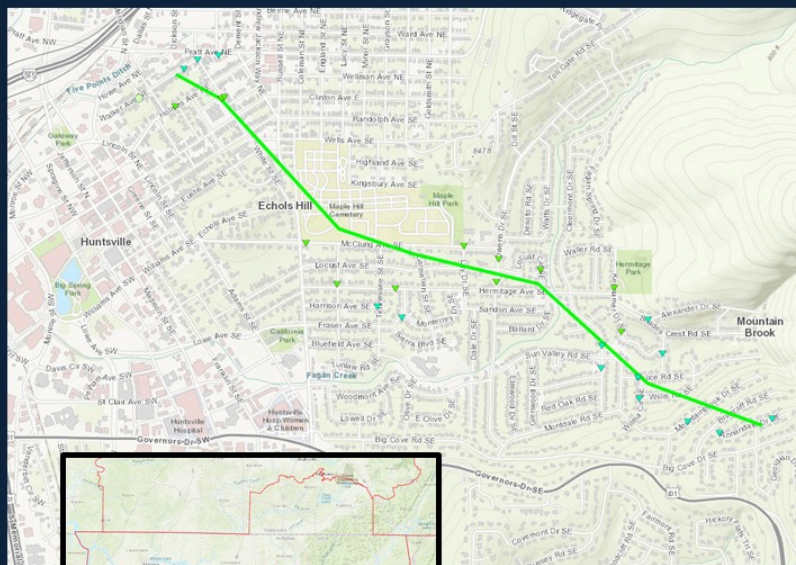
05-10-2024  
09:50:56 am



# Preliminary Damage Survey Results

## Tornado Name – Old Town Tornado

EF Rating	EF-1
Est. Peak Winds	105 mph
Date	5/8/2024
Time (local)	9:28 PM – 9:32 PM
Path Length	2.38 miles
Max Path Width	600 yards
Injuries/Fatalities	None





**Charlie in Tenn** Sheffield 2nd at the next checkpoint

05-10-2024  
09:52:21 am



**PasadenaK8** Okay, hadn't heard of that one before, Charlie. Quick search online is telling me that the Argan tree has been growing in Morocco for about 10 million years! May it thrive 10 million more.

05-10-2024  
09:54:12 am



**Charlie in Tenn** Arensman 3 sec better than Sheffield at first check. Seems Ineos is riding hard today.

05-10-2024  
09:54:17 am



**Charlie in Tenn** My son asked about holidays last night so we went down an international rabbit hole. I guess we are going to save the world and party a lot in our future. This is the only unknown one that I kinda remembered because it was today. I mentioned it because someone on the TIZ chat mentioned it.

05-10-2024  
09:57:58 am



**Katie Lane** Argan oil is one of the very pricey things you can put in soap (up to \$300/liter) -- expensive, but highly moisturizing with antioxidant and anti-inflammatory properties. It's made from the kernels of the fruit of the argan tree. The argan oil industry, as Charlie noted, employs many Moroccan women.

05-10-2024  
10:00:09 am



**Tim in KY** Shack Man surprises.

05-10-2024  
10:00:10 am



**bikerabe** Magnos Sheffield posts 2nd fastest time good US showing

05-10-2024  
10:04:35 am



**SFinAus** Good morning, time trial fans. I see O'Ganna has earned his keep on my team.

05-10-2024  
10:08:10 am



**Tim in KY** He's on my Pog-free team.

05-10-2024  
10:10:36 am



**Katie S** Good morning, Shawn

05-10-2024  
10:10:42 am



**Charlie in Tenn** Arensman 2nd best at 2nd check.

05-10-2024  
10:11:10 am



**Katie S** These are massive chainrings. Anyone figure the tooth count?

05-10-2024  
10:11:35 am



**SFinAus** You're doing, Tim, with and without Pog.

05-10-2024  
10:11:37 am





**Tim in KY** 62, Robbie said.

05-10-2024  
10:12:48 am



**Charlie in Tenn** O'ganna was 62, I think.

05-10-2024  
10:12:57 am



**SFinAus** oy, you are doing well, Tim.Â My typing is miserable as always.

05-10-2024  
10:13:01 am



**Charlie in Tenn** I wish Buster had mentioned his non-pog team plan so that all of us could have picked a non-pog team. It is interesting to see who will have best non-pog team.

05-10-2024  
10:16:04 am



**Katie S** Agree! And if for some reason Pog abandons (bite your tongue!), these non-Poggers will have some bragging rights

05-10-2024  
10:18:03 am



**Charlie in Tenn** Thomas has a 66

05-10-2024  
10:20:57 am



**SFinAus** I considered doing a non-Pog team, but stuck with the Pog+G path.Â That made it's own challenge given how little budget was left to spread out over the rest of the team.Â I don't have high hopes of getting ahead of anyone in the end.Â :)

05-10-2024  
10:22:30 am



**bikerabe** Arensman in 3rd Innies 1-2-3

05-10-2024  
10:23:06 am



**Katie S** For some reason unknown to me (I blame a brain worm), I added Quintana to my roster. Nostalgia? Dark horse pick? Insanity? I can't even remember how many points he cost.

05-10-2024  
10:24:26 am



**Tim in KY** I'll go with insanity.

05-10-2024  
10:24:57 am



**BusterSci** Did someone call?

05-10-2024  
10:26:02 am



**Katie S** He does answer to summonses!

05-10-2024  
10:26:27 am



**Charlie in Tenn** My bad. I mentioned him and there you go.

05-10-2024  
10:27:04 am



**BusterSci** Jult wasn't you, Charlie. Â It was Insanity.

05-10-2024  
10:27:43 am



**Charlie in Tenn** Buster, are going to watch the sky thing tonight?

05-10-2024  
10:27:54 am



**BusterSci** Being in far northern MN, yes.

05-10-2024  
10:28:18 am



**BusterSci** It's fishing opener Saturday and supposed to be clear tonight.  
Â So me, DS Dagies, and another friend will likely head out at midnight to fish and see some lights.

05-10-2024  
10:29:06 am



**Charlie in Tenn** I doubt that we get anything here but the wife will have us driving all over the smokey mts looking for a dark place.

05-10-2024  
10:29:19 am



**BusterSci** I suggest non-smokey mountains to get a clearer view.

05-10-2024  
10:29:48 am



**Charlie in Tenn** We will drive above the smoke, I am sure.

05-10-2024  
10:30:22 am



**BusterSci** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715351792-1715351492293.png>

05-10-2024  
10:31:33 am



**BusterSci** This morning.

05-10-2024  
10:31:38 am



**BusterSci** A slightly smeared lens made for an interesting picture.

05-10-2024  
10:31:55 am



**BusterSci** Got a JJ Abrams look to it

05-10-2024  
10:33:47 am



**PasadenaK8** Such beauty and a really nice photo of it, Buster. So peaceful.

05-10-2024  
10:36:19 am



**Charlie in Tenn** There will be some changes in the GC after today. especially the lower half.

05-10-2024  
10:36:28 am



**BusterSci** The cabin we rent is about a 1/4 mile from the NFS seaplane base. This morning they're firing up their three Beavers, getting them ready for

05-10-2024  
10:38:52 am







summer. Â They patrol for fires in the wilderness and do medical rescue.



**BusterSci** So the peace is periodically punctuated by the sounds of the Pratt and Whitney radial engines and, if they take off, the prop shearing the air before the plane lifts off the water.

05-10-2024  
10:40:54 am



**PasadenaK8** Do you hear loons out there? (I've always wanted to visit MN to hear the loons)

05-10-2024  
10:42:48 am



**BusterSci** Yes. Â Have heard at least three.

05-10-2024  
10:43:56 am



**BusterSci** They haven't been super vocal so far.

05-10-2024  
10:44:16 am



**BusterSci** Although we also get loons at home in the MPLS suburbs.

05-10-2024  
10:45:17 am



**PasadenaK8** Nice!

05-10-2024  
10:45:27 am



**RocketCityGal** Yesterday I heard not loons but cicadas. Â Lots and lots of cicadas.

05-10-2024  
10:46:31 am



**BusterSci** NBotlike up here, though. Â But the best is when the loons are going nuts and the wolves join in. Â And then every dog in hearing distance starts barking.

05-10-2024  
10:46:34 am



**Katie S** Beautiful photo. I'm going to have to watch the rest on replay. Time to go be a grandparent standin at the school. Enjoy the sky, the loons, the rest of the race. And the day.

05-10-2024  
10:47:37 am



**BusterSci** Don't think we'll get cicadas this far north. Â I've never heard them in the MSP area, but growing up in western MN there were a few hot summers where I heard the buzz.

05-10-2024  
10:48:05 am



**PasadenaK8** <https://www.youtube.com/watch?v=Qj554TW6F2U>

05-10-2024  
10:48:08 am



**PasadenaK8** See you, Katie. Enjoy your day tomorrow!

05-10-2024  
10:48:31 am



**RocketCityGal** <https://rumbletalk-images->

05-10-2024

10:53:40 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715353118-IMG\_8416.jpeg



**BusterSci** Lunch?

05-10-2024

10:53:49 am



**RocketCityGal** They are everywhere. Â My friendâ€™s dog finds them tasty. Â This is a picture she sent me.

05-10-2024

10:54:23 am



**SFinAus** Too late to answer Katie S, but CN says G is using a 66 chain ring.Â :S- Yum

05-10-2024

10:54:47 am



**BusterSci** I hear people say they taste like shrimp. Â Others say asparagus and raw potato.

05-10-2024

10:57:19 am



**RocketCityGal** Commentators are saying the wind has shifted and the early guys benefited. These guys are riding into stronger wind / less favorable wind direction.

05-10-2024

10:58:24 am



**RocketCityGal** UAE TT helmets make them look like Storm Troopers from the back

05-10-2024

10:59:22 am



**RocketCityGal** Buster, Iâ€™ll take their word for itâ€¦.

05-10-2024

10:59:53 am



**BusterSci** Imperial or German?

05-10-2024

11:00:13 am



**bikerabe** Plapp in 3rd before final finishes

05-10-2024

11:00:14 am



**SFinAus** Is that like a Connections word game group - Shrimp, Asparagus, raw potato, cicadas?

05-10-2024

11:00:52 am



**PasadenaK8** Ha - that would be a good one!

05-10-2024

11:01:52 am



**BusterSci** Ooh! Â G ties Ganna at check 2?

05-10-2024

11:02:59 am





**BusterSci** No. Â It was an entry error at PCS

05-10-2024  
11:03:25 am



**RocketCityGal** [https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715353706-IMG\\_8417.jpeg](https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715353706-IMG_8417.jpeg)

05-10-2024  
11:03:27 am



**BusterSci** Definitely not German.

05-10-2024  
11:03:40 am



**RocketCityGal** My cats are totally unaware that there are 8 other felines in the house. Â They wonâ€™t see them for another two weeks because the new kitten restarted Â the 2 week quarantine clock. Trying to get mama cat to accept the little one was its only real chance, but there is always the possibility that it has something it will transmit to the other kittens. It looks healthy and I am hoping everything stays good.

05-10-2024  
11:06:15 am



**BusterSci** Pog 3rd best at second check

05-10-2024  
11:06:19 am



**Tim in KY** Outerbanks not doing well. That's going to hurt my VG teams.

05-10-2024  
11:07:00 am



**BusterSci** Only 3s slower than Ganna between the 1st and 2nd check.

05-10-2024  
11:07:10 am



**RocketCityGal** The humane society staff thought it was worth a try.

05-10-2024  
11:07:10 am



**BusterSci** Outerbanks is good. Â Have to decide if that replaces Wheatabix in my lexicon.

05-10-2024  
11:07:31 am



**RocketCityGal** Wheaties box may be losing the white jersey.

05-10-2024  
11:07:48 am



**RocketCityGal** Einer loses time

05-10-2024  
11:08:48 am



**BusterSci** Is there a Zweier too?

05-10-2024  
11:09:11 am



**RocketCityGal** :P

05-10-2024  
11:10:04 am







**RocketCityGal** Storm Trooper has finished

05-10-2024  
11:10:47 am



**RocketCityGal** Huge, ugly helmets.

05-10-2024  
11:11:00 am



**BusterSci** Plapp into white

05-10-2024  
11:11:17 am



**RocketCityGal** Ganna looks tense

05-10-2024  
11:13:36 am



**BusterSci** 47 seconds is a lot to pick up

05-10-2024  
11:13:59 am



**RocketCityGal** Yeah, but itâ€™s SuperPog weâ€™re talking about.

05-10-2024  
11:14:30 am



**BusterSci** Martinez picked up 32 from the 2nd check

05-10-2024  
11:14:36 am



**bikerabe** Thomas 1:43 done at finish

05-10-2024  
11:15:42 am



**RocketCityGal** G bumped down to 3rd on GC behind Martinez

05-10-2024  
11:15:45 am



**RocketCityGal** Pog wins!!!!

05-10-2024  
11:16:17 am



**BusterSci** G lost time in the final section

05-10-2024  
11:16:19 am



**Tim in KY** Poor O'Ganna.

05-10-2024  
11:16:37 am



**BusterSci** Wow. Â The timings made it look like Ganna faded in the final section. Â I guess he did.

05-10-2024  
11:17:45 am



**RocketCityGal** They didnâ€™t show Gannaâ€™s reaction.

05-10-2024  
11:17:55 am



**Charlie in Tenn** Wow

05-10-2024  
11:18:02 am



**BusterSci** I'm guessing lots of hand gestures that shouldn't be on Italian TV

05-10-2024  
11:18:16 am



**Tim in KY** Innies got 2, 3, 4, 9.

05-10-2024  
11:18:24 am



**PasadenaK8** Big chocolate bar for POG White chocolate for Plapp

05-10-2024  
11:19:25 am



**RocketCityGal** Made up 1:04 in just 6 km

05-10-2024  
11:19:47 am



**BusterSci** But uphill makes a difference.

05-10-2024  
11:20:03 am



**RocketCityGal** SuperPog

05-10-2024  
11:20:16 am



**RocketCityGal** [https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715354858-IMG\\_8418.jpeg](https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715354858-IMG_8418.jpeg)

05-10-2024  
11:22:40 am



**Charlie in Tenn** I think the non-pog teams are in trouble.

05-10-2024  
11:24:30 am



**BusterSci** We knew that going in.

05-10-2024  
11:25:37 am



**RocketCityGal** And GC now looks like this:

05-10-2024  
11:25:57 am














**RocketCityGal** [https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715355065-IMG\\_8419.jpeg](https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715355065-IMG_8419.jpeg)

05-10-2024  
11:26:06 am













**PasadenaK8** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1715355149-1715354849484.jpeg>

05-10-2024  
11:27:31 am

Rnk	Rider	UCI	Pnt	Time	Avg
1	 <b>POGAČAR Tadej</b>  UAE Team Emirates	180	80	51.44	47.088
2	 <b>GANNA Filippo</b> INEOS Grenadiers	130	50	0.17	46.831
3	 <b>SHEFFIELD Magnus</b> INEOS Grenadiers	95	35	0.49	46.356
4	 <b>ARENSMAN Thymen</b> INEOS Grenadiers	80	25	1.00	46.195
5	 <b>SCHACHMANN Maximilian</b> BORA - hansgrohe	60	18	1.05	46.122
6	 <b>TIBERI Antonio</b> Bahrain - Victorious	45	15	1.21	45.890
7	 <b>PLAPP Luke</b> Team Jayco AlUla	40	12	1.45	45.547
8	 <b>MARTÍNEZ Daniel Felipe</b> BORA - hansgrohe	35	10	1.49	45.490
9	 <b>BJERG Mikkel</b> UAE Team Emirates	30	8	1.56	45.391
10	 <b>THOMAS Geraint</b> INEOS Grenadiers	25	6	2.00	45.335



Rnk	Prev	▼▲	Rider	UCI	Time
1	1	-	 <b>POGAČAR Tadej</b> UAE Team Emirates	20	24:12:36
2	3	▲1	 <b>MARTÍNEZ Daniel Felipe</b> BORA - hansgrohe		2:36
3	2	▼1	 <b>THOMAS Geraint</b> INEOS Grenadiers		2:46
4	11	▲7	 <b>O'CONNOR Ben</b> Decathlon AG2R La Mondiale Team		3:33
5	15	▲10	 <b>PLAPP Luke</b> Team Jayco AlUla		3:42
6	9	▲3	 <b>LUTSENKO Alexey</b> Astana Qazaqstan Team		3:49
7	4	▼3	 <b>UIJTDEBROEKS Cian</b> Team Visma   Lease a Bike		3:50
8	21	▲13	 <b>TIBERI Antonio</b> Bahrain - Victorious		4:11
9	16	▲7	 <b>ZANA Filippo</b> Team Jayco AlUla		4:41
10	6	▼4	 <b>FORTUNATO Lorenzo</b> Astana Qazaqstan Team		4:44



**Geraint Thomas**  
@GeraintThomas86



Alright son, you've had your fun. Let's just have a nice quiet day tomorrow? [#kidsthesedays](#) [#giro](#)





**RocketCityGal** The cat-shooter is in the top 10

05-10-2024  
11:28:09 am

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**PasadenaK8** Ta ðÿ<

05-10-2024  
11:29:15 am

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