

Tim in KY TdF Stage 3 is the longest stage of this year's Tour, 231 kilometers from Piacenza west through the Po valley to Turin.

06-30-2024 03:01:20 pm

Tim in KY https://rumbletalk-images-

06-30-2024 03:01:30 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1719774388-stage-3-route.jpg

06-30-2024 **Tim in KY** The route in mostly flat with three inconsequential Cat 4 climbs 03:02:19 pm along the way. The "interesting†finish features two 90 degree turns just after the red kite.

Tim in KY https://rumbletalk-images-

06-30-2024 03:02:31 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1719774449-stage-3-profile.jpg

Tim in KY https://rumbletalk-images-

06-30-2024 03:03:53 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1719774532-stage-3-route-finale.jpg

Tim in KY Kilometer zero is scheduled for 11:35 CEST. Finish is imagined either side of 17:15. Forecast is for mostly cloudy with the possibility of rain toward the finish. Temps, mercifully, in the mid-20s.

06-30-2024 03:04:43 pm

mmcnally Bonjour a tous. As expected the riders are all taking a bit of break 07-01-2024 05:55:30 am after two tough stages with nobody attempting to go in a break. Let the rolling travelogue through France commence.

There aren't the usual second tier teams hungry for screen time Tim in KY this year.

07-01-2024 06:06:32 am

Still a 50/50 chance of rain late in the stage.

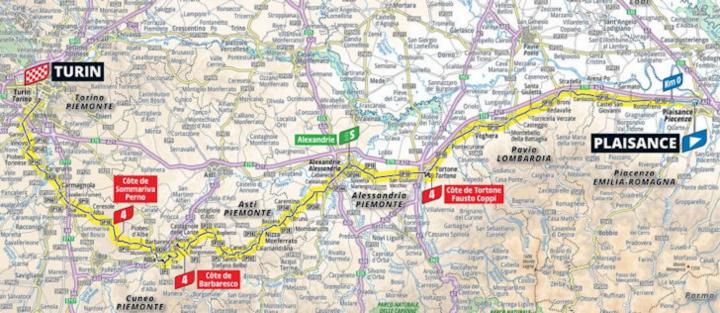
07-01-2024 06:10:32 am

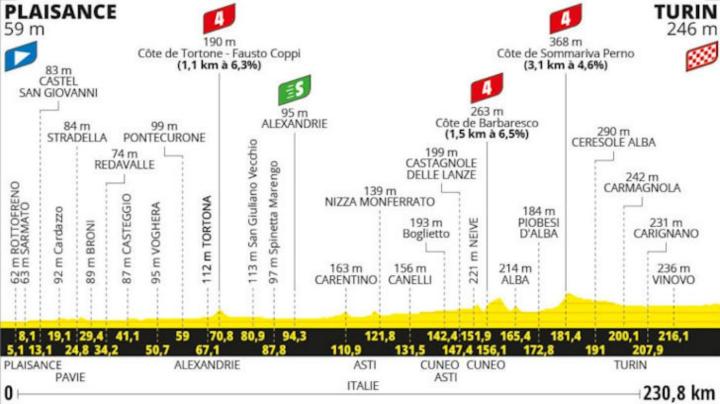
Katie Lane My guess is that they'll be slower than the slowest for the first part of this long stage. A Then things will get faster.

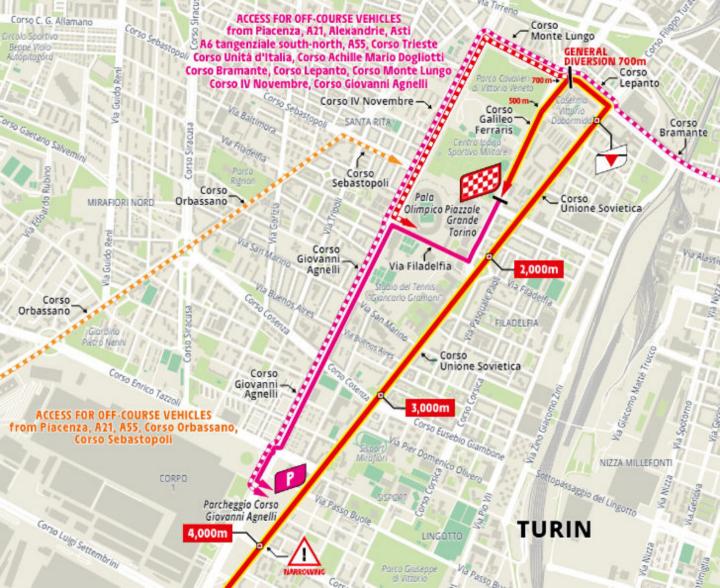
07-01-2024 06:29:14 am

Katie Lane Couple of UnoX guys jumped off the front, but turns out they just 07-01-2024 06:29:44 am needed a nature break.

BusterSci That's a good point, Tim. Â While the Tour has typically had higher 07-01-2024 06:30:06 am







level PRT teams than other GTs,	UnoX and	TotalEnergies	aren't your typical
wildcards even for the Tour.			

wildcards even for the Tour.	
Katie Lane I am up early monitoring a cat with tummy problems and trying to get her sorted.	0 07-01-2024 06:30:10 am
Katie Lane I think something in the food didn't sit well with her, but there's also the possibility that she's ingested something she shouldn't, despite our best efforts to provide a safe environment for them. Kittens are like kids. Everyt in their mouths.	07-01-2024 06:32:04 am hing goes
BusterSci Dietary indiscretion, our vet calls it.	07-01-2024 06:33:03 am
Katie Lane At least she ate a little this morning. All are going for their vaccines this morning, so the folks at the humane society can look at her and see what they think.	07-01-2024 06:33:06 am
Katie Lane I've tried bland food (just basically chicken mush), mixing food with pumpkin, adding a little unflavored Metamucil (counterintuitive, but it can help bulk things up in the gut and actually help) and probiotics	07-01-2024 06:34:14 am
Katie Lane So I'm now out of ideas.	07-01-2024 06:34:25 am
Katie Lane Also have gently syringed small amounts of water into her intermittently, just to make sure she's staying hydrated.	07-01-2024 06:34:54 am
Katie Lane At least the other 6 seem OK.	07-01-2024 06:35:19 am
Katie Lane At least with this long stage it's a little cooler for them today.	07-01-2024 06:38:48 am
Tim in KY I haven't even bothered to turn the stream on.	07-01-2024 06:40:57 am

BusterSci Decent chance of T storms when they get to Piemonte. Â Temps 07-01-2024 in high 70s.

BusterSci Just an update from Tim's pre-race weather report.

07-01-2024
06:41:38 am



BusterSci I don't understand why Peacock doesn't feel that Crapass is a GC 07-01-2024 contender.



Tim in KY We had a dry cold front overnight. It's 59 here right now. I can put 07-01-2024 my walk off for a bit.



BusterSci He's won the giro, has podium finishes in all three GTs, and 5 top 07-01-2024 5s.

Katie Lane Tim -- I'd love to have a couple of days of sub-60s mornings. We're cooler than we have been with 72 instead of 80 at wakeup, headed for only 90 today instead of mid to upper 90s.

07-01-2024 06:49:45 am



BusterSci Today is the first day to pay attention to the hunt for #35. Â Where 07-01-2024 does Cav finish today? Â I say out of the top 10.

BusterSci We've had a day under 70 and one under 75 over the weekend. A the next 10 days look like lows of 60 and highs either side of 80 with a couple significantly cooler, cloudy days mixed in. A A little sad for the holiday crowd headed to the lakes, but I'll take it.

Katie Lane Cav' has only cracked the top 10 twice this year -- he was 2nd in 07-01-2024 stage 1 and 1st in stage 2 of the Tour of Hungary. The list of sprinters for that race was less than stellar, with Groenewegen (who isn't having a good year) Welsford and Viviani probably the most notable.

Katie Lane It's cooler but steamy. We had a pop-up t-storm yesterday which 07-01-2024 was good for the garden and flowerbeds. The humidity should burn off a bit for a more pleasant morning. Looks like this will be the day to mow.



Tim in KY I don't think Cav will get #35. Ever.

07-01-2024 06:58:09 am

Katie Lane Nope. He's only really got Bol and Morkov for leadout guys. 07-01-2024 Maybe Ballerini, but he's not really a sprinter type. He's the type of dude that needs a dedicated train to pull him to the last 100 m or so. He's not very good at surfing the wheels of other sprinters if his leadout goes awry.

BusterSci With Astana saying that their primary focus is #35 I think a lot of Cav's racing has been about coordinating a leadout and optimizing fitness. Â I can see doing that without focusing on wins, but the lack of results is certainly concerning. Â I suspect he has one or two stages picked out he thinks particularly suit his experience and ability. Â He's not going to match up on a straight flat, for sure. Â And I'd bet the second best

bottle in my cellar against a bottle of plonk that Tim is correct. Â I think he will get close	⋺,
though.	

07-01-2024 **Katie Lane** As far as Carapaz, he's had one stage win this year in 07:01:34 am Romandie, and a 10th place in the Tour of Switzerland and on Stage 1 of this Tour. He hasn't really had the type of results you'd expect for a GC contender in my opinion. He has the occasional good result, but generally just finishes somewhere betweeen 15th and 40th. Not good enough to be a true GC contender here.



Katie Lane That said, he did pull off the Olympic win in '21

07-01-2024 07:02:57 am

BusterSci Wrong on Carapaz. Â If he stays on his bike and avoids illness 07-01-2024 07:05:00 am he's top 5. Â Take it to the bank. Â He's far superior to at least half the riders on the Peacock list. Â He's not Pog. Vingo, Remco or Rog, but he's amongst the best of the rest.



Katie Lane If you say so.

07-01-2024 07:05:38 am

Katie Lane So, for the win today -- Philipsen, De Lie, Van den Berg for the podium. What say ya'll?

07-01-2024 07:06:57 am

BusterSci I think Wout will be in there somewhere, but that three is good as 07-01-2024 any.

07:08:11 am

Katie Lane Two nice 90 degree bends and a slight deflection, all in the final 07-01-2024

07:08:49 am

Katie Lane It will be all about positioning in those bends. I predict a mass 07-01-2024 crash. I wish they kept the last km straight, for the safety of the riders.

07:10:02 am

Tim in KY Coming up on the first Cat4.

07-01-2024 07:12:23 am

Is the sound on Peacock garbled for anybody else?

07-01-2024 07:18:18 am

BusterSci They put the 3km limit in thinking it would reduce crashes. Â I 07-01-2024 07:18:28 am don't think it has. A How about saying you'll be penalized 30s in addition to time lost for crashes in the last 3km. A Sprinters and leadout trains won't care because they aren't there for time. Â GC guys will and will stay out of the mix. Â My dumb idea for the day.





Tim in KY As RCG predicted, way slower than the slowest.

07-01-2024 07:21:50 am

Katie Lane A 2012 study done after the crash "red flag zone" was moved from 1 km to 3 km showed that crashes in the final "safe zone" in Grand Tours o7:23:37 am actually doubled.

Katie Lane On flat finishes, taking GC times for GC at a point just ahead of the finish and letting the sprint teams duke it out would probably be safer than having all of the sprint AND GC teams squeeze into the mix.

BusterSci Anybody else noticing that autocorrect is getting more aggressive 07-01-2024 and persistent as AI is incorporated? Â I've been writing Bobke for years, and after the first time I had to correct it, it's always worked. But above it got changed to "Bobbie".

Katie Lane https://procyclinguk.com/tour-de-france-to-test-new-uci-3km-rule-07-01-2024 and-time-gap-calculations/ "The UCI is looking to add more flexibility to the "three-kilometre rule†that allows riders to be given the same time as the group they were with if they are halted by a crash or mechanical. The distance was previously one kilometre but was extended in 2005. During the Tour de France, the UCI will test extending the rule further to five kilometres and experiment with a maximum time gap between groups of three seconds rather than one." They'll also be trying out a yellow card system and race radio restrictions. "Feedback has shown that the majority of riders wanted the 3km rule extended to reduce stress during hectic race finales,†Hansen said. "I am thrilled that this will be tested at some sprint finals at the Tour de France, and I thank the UCI and ASO for allowing it.†Race Radi

Katie Lane Regardng yellow cards: "Until January 1, 2025, the current system of docking UCI points and fines will continue. Each violation will be entered into a yellow card database, but no suspensions will be handed out until next year. The proposed punishments once the system is in place include disqualification and a sevenday suspension for two yellow cards in the same race, a 14-day suspension for three yellow cards in 30 days, and a 30-day suspension for six yellow cards in one year. However, once the punishment for multiple yellow cards has been completed, the individual's record starts clean again. If a rider is suspended during a race for accumulating multiple yellow cards, they will be ejected from the race but will get to keep any results and UCI points gained during the race. Yellow cards can be handed out to riders, team staff, and drivers of race vehicles who might engage in behaviour that could jeopardise the safety of the event. In addition, the system will aim to make everyone more responsible by introducing the monitoring of bad conduct over time."



Katie Lane "Race radios and earpieces also came up in the press release, with the UCI announcing it would "test the effects of a restriction on

wearing and using earpieces in races this year†. No decision has been made on how or when the restrictions would be tested, but they used an example of limiting earpieces to two riders per team."Â Yeah, good luck on that one. Katie Lane I'm not sure moving the crash thing to 5 km will do much. The 07-01-2024 07:33:04 am problem is that everyone wants to be at the front in the finale, and moving the "safe zone" out to the final 5 km doesn't really address that. 3 seconds rather than one might actually help some. 07-01-2024 **Katie Lane** To me it sounds like the cash / point fine thing they'll be going 07:34:39 am exclusively to the yellow card thing next year. A Makes more sense than the fines, which the better-funded teams basically just scoff at. **Katie Lane** .. It sounds like ((instead of)) the cash / point thing 07-01-2024 07:35:20 am **Katie Lane** Thoughts about these, anyone? To me, it seems if you want 07-01-2024 07:38:10 am safer finales, you'd make rules to have safer COURSES without major turns/deviations in the final km or so. Work on that first. Have clubs / riders look for potential hazards on the route in pre-rides days and weeks before the race so those can be elimiated / remediated if possible, or the riders warned by a course monitor if not. Like the bumps caused by tree roots that caused so much pain and injury in the Basque Country tour. **Katie Lane** Oh, and no downhill sprint finishes. (Duh). 07-01-2024 07:38:33 am **BusterSci** The problem with straight finales is they are duller courses with 07-01-2024 07:41:58 am less variety to allow for different types of riders to win. A Straight finales mean it's all leadout trains and top end speed. A Twists and turns let different riders get an advantage. That doesn't mean you can't make every type of finale safer in the other manners described. Tim in KY I think the course layout is the most important element and the 07-01-2024 07:42:47 am 5km change is a mistake.

Tim in KY A safe finale doesn't need to be totally strait, just not stupid.

07-01-2024 07:44:46 am

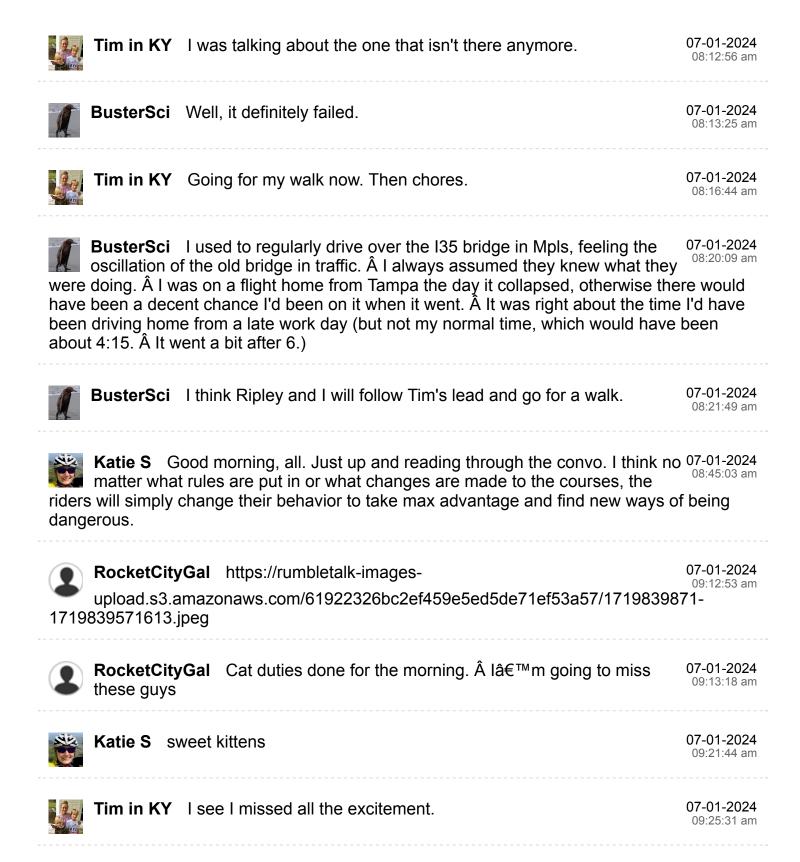
BusterSci So many of the changes proposed simply move the point of danger somewhere else.

07-01-2024 07:44:54 am



Tim in KY 10 km to the sprint. 07-01-2024 07:48:16 am

BusterSci How about authorizing course security personnel to use physical violence against unruly and encroaching fans?	07-01-2024 07:49:20 am
BusterSci (That's a joke. Â But fan control does have to improve.)	07-01-2024 07:50:06 am
Tim in KY On the San Luca climb there were barriers that no one was paying any attention to and there was no one there to enforce them.	07-01-2024 07:51:41 am
BusterSci I was just writing that. Â Exactly.	07-01-2024 07:51:54 am
BusterSci We have also seen, by the 3km rule amongst others, that riders will change their behaviors based on rules implemented and the bureaucratic method of rule making rarely takes that into account. Â Good engineers, when make "improvement," learn to evaluate the potential negative consequences of the chang UCI hasn't been very good about that.	
BusterSci The cry of "DO SOMETHING" makes people do things without considering consequences.	07-01-2024 07:59:48 am
BusterSci That looked a lot like practice.	07-01-2024 08:03:51 am
Tim in KY Mads crossed the sprint line 3 minutes slower than the slowest.	07-01-2024 08:04:57 am
Tim in KY Interesting bridge.	07-01-2024 08:05:57 am
BusterSci I think a majority of attempts at interesting buildings are failures, but interesting bridges are successes. Â Just opinion. Â De gustibus non disputandum est and all that.	07-01-2024 08:08:13 am
Tim in KY Except that one in Genoa.	07-01-2024 08:10:37 am
BusterSci There appears to be some new ads this morning. Â That's good, because I've already reached the point that I will never buy Lesser Evil snacks with a Capitol One credit card.	07-01-2024 08:10:41 am
BusterSci I will agree the Genoa bridge is uninspired.	07-01-2024 08:11:52 am



A

BusterSci Me too 07-01-2024 09:29:38 am

Tim in KY Currently they're only one minute slower than the slowest. Kind of 07-01-2024 surprised they're going that fast.



Katie S Ugh. I have to dip into a firmwide call after a bloodbath of layoffs last 07-01-2024 09:32:35 am week. Fortunately, I did not lose anyone on my team, but we will have to take on more work because of cuts on other teams. Hard to get motivated... 07-01-2024 **Katie S** i'm getting too damn old for this 09:33:10 am 07-01-2024 **Tim in KY** Pretty landscape. 09:37:40 am **Katie S** We're owned by a private equity firm now and they are aiming to sell 07-01-2024 09:37:43 am us sometime in the next 12-18 months, so this is all about putting lipstick on a pig. 07-01-2024 **Katie S** very pretty landscape. 09:38:03 am 07-01-2024 **Tim in KY** There's still 2+ hours to go. 09:40:12 am 07-01-2024 **Katie S** OK - that's over. Lots of "Isn't it great! You work harder so the PE 09:53:26 am guys can make more money!" **BusterSci** I've been to Piemonte twice and loved it. Â Especially in the fall. 07-01-2024 09:55:41 am Stayed in Nieve once and La Morra the other time. Â Best wine and food pairing I ever had was in La Morra. A Easy, because Piedmontese wines are my favorites. 07-01-2024 Tim in KY Are we calling this a serious attack? 09:55:54 am **Alaska Dave** Good morning from the rainforest where it is 52 and raining. 07-01-2024 09:59:19 am Since I just returned from the east coast, this is wonderful weatherâ€"until it hangs around. A Some sports director seems to be upset. Sending an unknown on an impossible mission to get TV time

Katie S Good morning, Dave. I'm glad to hear the weather is doing what it is 07-01-2024 supposed to be doing up there at this time of year.

BusterSci I've moved over to the SCOTUS pun, as immunity decision will be 07-01-2024 coming down shortly.

BusterSci pub 07-01-2024
10:05:16 am

Katie S the SCOTUS pun is better	07-01-2024 10:10:00 am
Katie S Grellier certainly is giving something for his family and friends to watch just now, but "serious" attack, Tim? I can't imagine so.	07-01-2024 10:12:08 am
Tim in KY At the KOM line the peloton is 2 minutes faster than the slowest.	07-01-2024 10:13:01 am
Tim in KY The TV people are having a hard time finding anything interesting to say.	07-01-2024 10:26:32 am
Katie S At least Steve Porino had all that great Fausto Coppi museum footage.	07-01-2024 10:28:07 am
Katie S Grellier is about to fade back into anonymity.	07-01-2024 10:28:51 am
Tim in KY They're letting him dangle off the front.	07-01-2024 10:32:29 am
Tim in KY 8 minutes faster than the slowest now.	07-01-2024 10:34:50 am
BusterSci I'm back from the other pub.	07-01-2024 10:42:00 am
Katie S anything we should know/don't want to know?	07-01-2024 10:48:35 am
Tim in KY Have they overturned Brown vs. Board of Education yet?	07-01-2024 10:48:44 am
Tim in KY 15 km banner.	07-01-2024 10:50:13 am
SFinAus G'day Pub. Â I'm "SFinWisc" for the first couple of weeks of the Tour, so I'll be away from the Pub much more than I like. Â Missing live Tour is an adjustment, but I've already gotten used to 20-25 degree cooler temps. Â:)	07-01-2024 10:53:03 am
Katie S Casper Pederson standing up now after scootching himself to the side of the road after his crash.	07-01-2024 10:53:31 am

Katie S and back on his bike, with blood oozing out of his arm	07-01-2024 10:54:05 am
SFinAus Looked like a pretty cursory concussion protoc	07-01-2024 10:54:32 am
SFinAusol, but I'm no doc.	07-01-2024 10:54:42 am
Tim in KY You are correct.	07-01-2024 10:55:10 am
BusterSci Pres has immunity for acts within constitutional authority. Â Doesn't have immunity for unofficial acts. Has presumption of immunity for official acts outside of constitutional authority. Â What those acts are are TBD be discontinuous acts.	07-01-2024 10:55:16 am
Katie S thank you	07-01-2024 11:00:21 am
BusterSci Kind of a big punt	07-01-2024 11:00:39 am
Tim in KY 5 km banner.	07-01-2024 11:01:03 am
Tim in KY Crapass wants bonus seconds.	07-01-2024 11:03:29 am
Katie S crash	07-01-2024 11:03:30 am
BusterSci Looks like Cav caught behind crash	07-01-2024 11:04:35 am
Tim in KY Two left turn were not a problem.	07-01-2024 11:05:29 am
Katie S Great win - but not on my team	07-01-2024 11:05:47 am
bikerabe GIRMAY!	07-01-2024 11:06:00 am

BusterSci Nice!	07-01-2024 11:06:11 am
SFinAus Excellent!	07-01-2024 11:07:40 am
SFinAus Great to see him "break through " with a Tour win. That was tight on the barrier	07-01-2024 11:09:44 am
BusterSci Crapass in yellow!	07-01-2024 11:10:46 am
Katie S Girmay is overcome	07-01-2024 11:12:05 am
Katie S very happy for him	07-01-2024 11:12:16 am
Tim in KY Pog clearly wanted to give that jersey away.	07-01-2024 11:13:16 am
mmcnally I agree, Tim. Happy for EF to get yellow. A nice reward for their dedicated sponsorship.	07-01-2024 11:14:54 am
Katie S Enjoy the day, all.	07-01-2024 11:15:09 am
BusterSci I thought he got held up. Â Will like to see multiple angles. But giving it away is smart.	07-01-2024 11:15:57 am