

01:39:45 pm upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1720806284-stage-14-pla-adet.jpg

07-12-2024 Tim in KY Kilometer zero is scheduled for 13:20 CEST. Finish is imagined either side of 17:30. Forecast is for clouds and sun with temps in the low-20s 01:40:29 pm in the valleys, mid-teens on the mountains.

Tim in KY Interesting factoid: Pla d'Adet was first included in le Tour fifty years ago in 1974. It was a summit finish back then, too. That day, Mathieu van der Poel's grandfather won the stage.

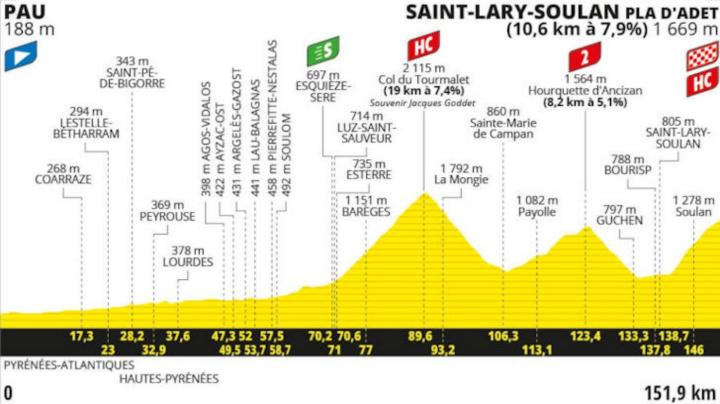
07-12-2024 04:38:38 pm

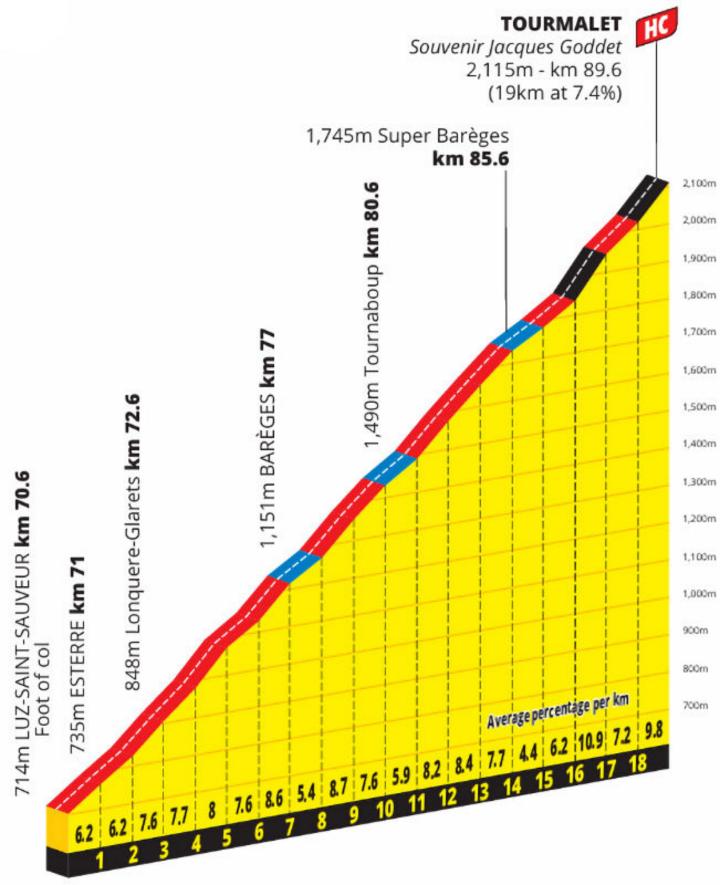
Tom Pidcock will not start today. Another Covid case. 07-13-2024 06:45:42 am

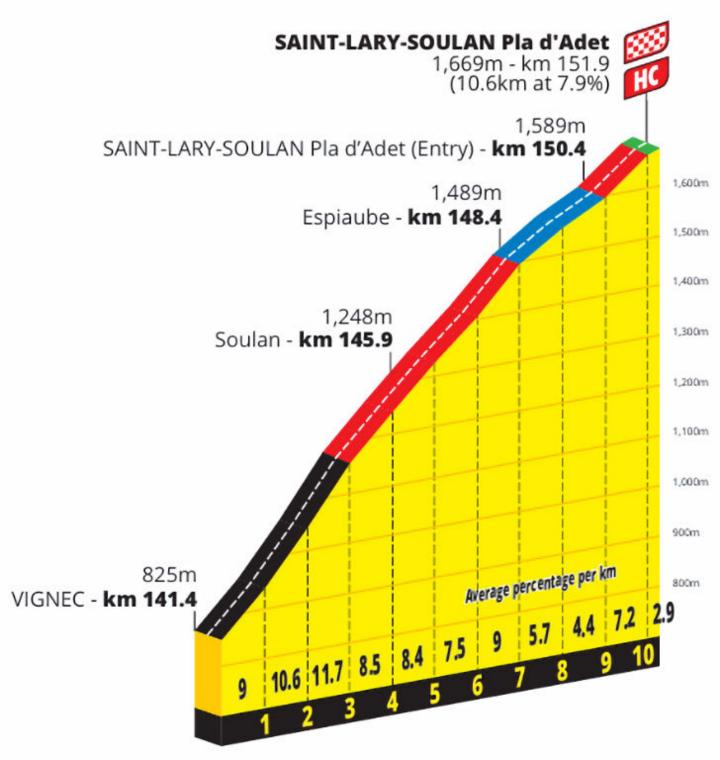
07-13-2024 Joanna in Virginia Good morning! 06:47:58 am

**Joanna in Virginia** My phone rang around 3:30 this morning with the news 07-13-2024 06:50:02 am of the latest Artie foal, a filly in Washington State.













Joanna in Virginia https://rumbletalk-images- 07-13-2024
upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/17208681091720867809835.jpeg

Joanna in Virginia In other news...the temps dropped 20 degrees so I 07-13-2024 immediately returned to "baking mode". Here is an image of what greeted me at 4:00 am: two large tubs of Sourdough dough that fermented overnight and is now shaped into loaves and in the fridge; a double dough of Biga for my Artisanal White Bread, about to be split and shaped and baked; and, a single dough of Biga for my White/Wheat/Rye Loaf currently bulk fermenting on my counter top. The things I do on a day off.

Joanna in Virginia https://rumbletalk-images-

07-13-2024 06:54:24 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1720868362-1720868062334.png

172000002334.png		
bikerabe	a new filly on Tourmalet Day Wondrrtul	<b>07-13-2024</b> 07:03:22 am
bikerabe	5 min. delay	<b>07-13-2024</b> 07:06:25 am
bikerabe	rollibg	<b>07-13-2024</b> 07:12:24 am
Joanna in	Virginia Poetic, eh bikerabe?	<b>07-13-2024</b> 07:12:25 am
bikerabe	rolling	<b>07-13-2024</b> 07:12:42 am
bikerabe	channeling my Mom	<b>07-13-2024</b> 07:13:26 am

Joanna in Virginia https://rumbletalk-images-

07-13-2024 07:24:55 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1720870147-1720869894690.jpeg

Tim in KY Km0.

07-13-2024 07:27:02 am



**Tim in KY** Everybody wants to be in the break.

07-13-2024 07:27:44 am



As we continue the Grand Tour Journey, the renewal of the Chat Room (with increased costs) has transpired. If you find yourself interested in contributing to the cause, donations are certainly welcome.

These donations defray costs and I do not profit. Any donations that exceed my costs will be applied to next year's costs.

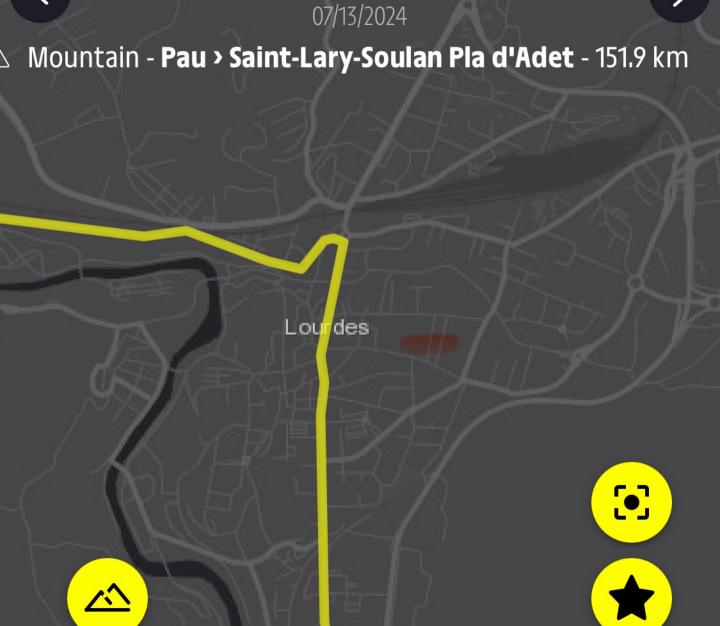
If you are so inclined, you can donate to my PayPal account: jemgrayonline@gmail.com

Or via Zelle (tax free for me) at: 805.479.3398

Thank you, Jo

<b>bikerabe</b> other Lug news Webb Space telescope has found 2 intertwined galaxies nicknamed The Penguin and the Egg	<b>07-13-2024</b> 07:27:57 am
Katie S Bonjour! As bikerabe says: a new filly on Tourmalet Day! Very auspicious!	<b>07-13-2024</b> 07:27:58 am
<b>bikerabe</b> KM 0	<b>07-13-2024</b> 07:28:18 am
Katie S Very disappointed Pidcock dropped out. Probably not as disappointed as Pidcock himself, but still.	<b>07-13-2024</b> 07:29:30 am
Tim in KY Boivin (IPT) also DNS today.	<b>07-13-2024</b> 07:29:38 am
Katie S And another abandons	<b>07-13-2024</b> 07:31:50 am
Katie S Capiot	<b>07-13-2024</b> 07:31:58 am
<b>Tim in KY</b> The Lotto guy who caused that awful crash during the sprint yesterday was heavily fined but not DQ'd.	<b>07-13-2024</b> 07:32:19 am
<b>bikerabe</b> MvdP among those trying for break	<b>07-13-2024</b> 07:32:24 am
Tim in KY That crash took out Capiot.	<b>07-13-2024</b> 07:33:39 am
<b>Tim in KY</b> While the break fight continues, we're going to walk down to the farmers market while the temp is tolerable.	<b>07-13-2024</b> 07:36:26 am
Katie S Wow, Vingegaard wearing a mask for his interview. Taking no unnecessary chances for Covid exposure	<b>07-13-2024</b> 07:36:47 am
<b>Katie S</b> Haven't seen a rider so adorned in quite so time	<b>07-13-2024</b> 07:37:16 am
<b>bikerabe</b> EF goes to frony	<b>07-13-2024</b> 07:44:30 am

<b>bikerabe</b> front Carapaz	<b>07-13-2024</b> 07:44:57 am
<b>Katie S</b> Trying to form a break in a headwind doesn't sound fun.	<b>07-13-2024</b> 07:46:02 am
<b>bikerabe</b> looks like a big group	<b>07-13-2024</b> 07:48:32 am
Katie S 9 guys by my count	<b>07-13-2024</b> 07:53:37 am
<b>bikerabe</b> Womens Giro 18 km to finish starting Blockhaus climb	<b>07-13-2024</b> 07:55:28 am
<b>bikerabe</b> Girmay with the 9 Yay!	<b>07-13-2024</b> 07:58:16 am
<b>bikerabe</b> gruppo compacto	<b>07-13-2024</b> 07:58:44 am
<b>Katie S</b> Looks like they'll ride into Zlourdes before making a hard right toward Tourmalet	<b>07-13-2024</b> 08:07:00 am
Katie S https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/172087273 1720872438270.jpeg	07-13-2024 08:07:19 am 38-
Katie S Zlourdes. Â Oy	<b>07-13-2024</b> 08:08:13 am
Joanna in Virginia The "Z" is silent.	<b>07-13-2024</b> 08:08:42 am
BusterSci Katie was bitten by a Siamese zbat.	<b>07-13-2024</b> 08:10:30 am
Katie S Jo, l'm envious of your starter. The bubbles are beautiful! I think l'll get mine going. Been awhile since l've made my sourdough focaccia	<b>07-13-2024</b> 08:10:43 am
Katie S Ha!! (zbat)	<b>07-13-2024</b> 08:11:22 am

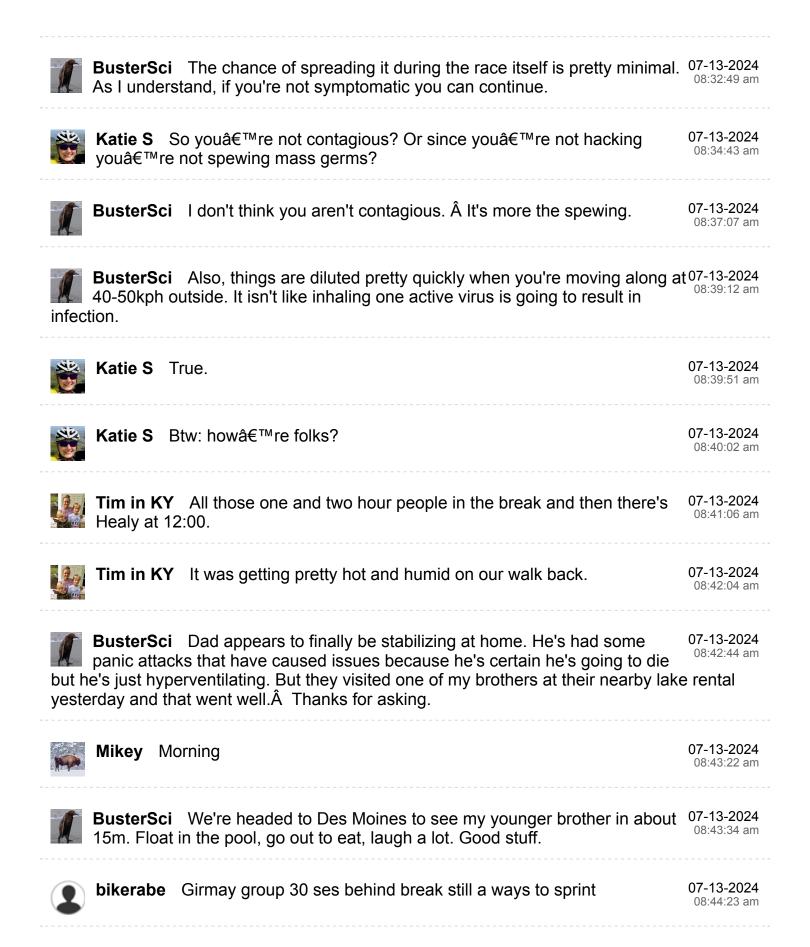


upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1720872 1720872690645.jpeg	08:11:31 am 990-
BusterSci From Pizzeria Buster last night	<b>07-13-2024</b> 08:11:44 am
Katie S Gorgeous	<b>07-13-2024</b> 08:11:58 am
<b>BusterSci</b> We spread pizza dough in a 1/4 pan with lots of oil, salt, and seasoning and bake it as the pizza oven cools. We call it Fauxcaccia.	<b>07-13-2024</b> 08:13:43 am
Joanna in Virginia That looks YUMMY!	<b>07-13-2024</b> 08:14:04 am
Katie S Deeeeeeeelish!	<b>07-13-2024</b> 08:14:16 am
Joanna in Virginia I pulled the starter out of the fridge yesterday morning, created a large tub of levain, and mixed my dough last night. I mixed the dough a little "past peak" due to going out to lunch with a friend, so was worried m bulk fermentation would be sub-par. I could not believe my eyes, if I had waited an split and shape my loaves, the dough would have overflowed the tubs. Needless to very happy with the performance of my starter.	y overnight y longer to
Katie S Indeed!	<b>07-13-2024</b> 08:17:11 am
<b>bikerabe</b> MvdP in front 4 is this the break?	<b>07-13-2024</b> 08:17:57 am
<b>Katie S</b> At least until the sprint, l'd guess	<b>07-13-2024</b> 08:18:26 am
<b>bikerabe</b> Geraint T hs tested positive for Covid but is in peloton WTF?	<b>07-13-2024</b> 08:28:41 am
<b>bikerabe</b> news from Cycle News	<b>07-13-2024</b> 08:29:25 am
Katie S l'm so confused re Covid protocol these days	<b>07-13-2024</b> 08:29:46 am

07-13-2024 08:11:31 am

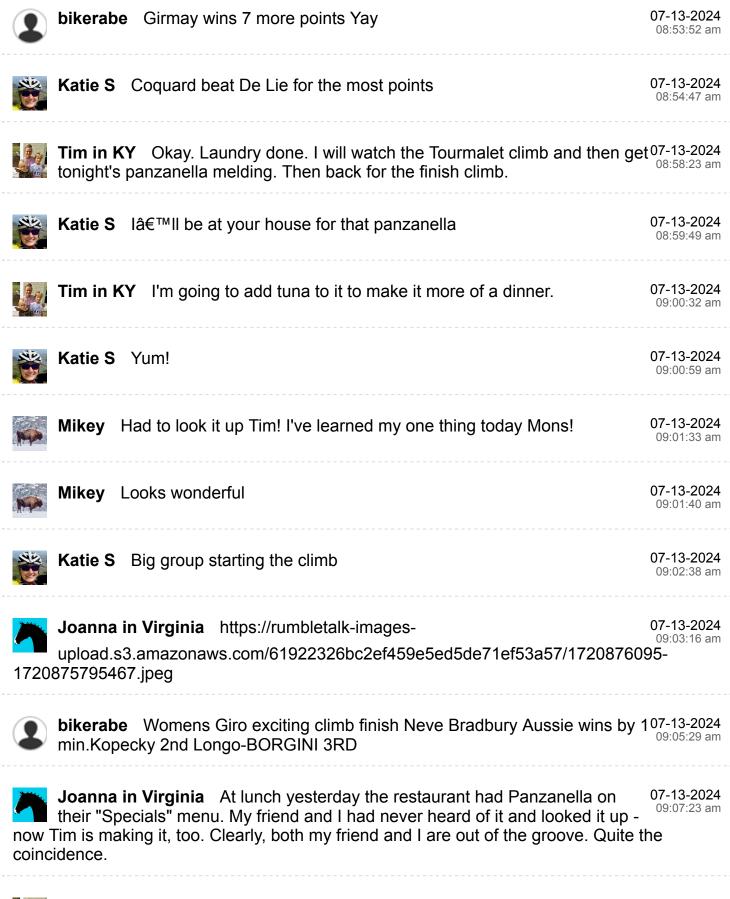
BusterSci https://rumbletalk-images-





**Katie S** l'm glad he's at home and stabilizing. And your weekend with your brother sounds great.

07-13-2024 08:45:14 am



**Tim in KY** CVV says today is a hard day. I guess. But tomorrow starts climbing a Cat 1 followed by three more Cat 1s and finishing on an HC.

07-13-2024 09:07:26 am



<b>bikerabe</b> Longo-Borgini still in Pink by 1 sec	<b>07-13-2024</b> 09:07:42 am
Katie S 1 second. Tenuous	<b>07-13-2024</b> 09:11:04 am
Tim in KY UAE seems in no hurry to catch the break on this climb.	<b>07-13-2024</b> 09:12:46 am
Tim in KY There's a 5000 euro prize to the first guy to summit the Tourmalet	<b>07-13-2024</b> 09:14:05 am
Tim in KY Vino is loosing teammates rapidly.	<b>07-13-2024</b> 09:14:57 am
mmcnally I love watching this climb and the memories it brings back. Especially from the west side which I went up, albeit about 90 minutes slower.	<b>07-13-2024</b> 09:23:43 am
Katie S No kidding, Mike!	<b>07-13-2024</b> 09:24:28 am
Mikey Tim the trend setter!	<b>07-13-2024</b> 09:27:16 am
mmcnally The part Katie I really loved, was when you get to the ski station base and how the views just opened up. The view is so beautiful it evokes an incredible emotion.	<b>07-13-2024</b> 09:28:24 am
<b>Katie S</b> Absolutely. I definitely choked up. From the beauty … or exhaustion, l'm not sure	<b>07-13-2024</b> 09:29:52 am
KimC Good morning all and happy Artie day! Mike- that is impressive!!	<b>07-13-2024</b> 09:29:59 am
Katie S Hi Kim!	<b>07-13-2024</b> 09:33:44 am
PasadenaK8 Mornin' to you all on this special Artie Day! And a happy birthday to the sweet little belle fille d'Artie!	<b>07-13-2024</b> 09:34:25 am
Joanna in Virginia Will we see Didi?	<b>07-13-2024</b> 09:34:25 am

Joanna in Virginia <-^	<b>07-13-2024</b> 09:34:58 am
Katie S 2KU	<b>07-13-2024</b> 09:35:06 am
Katie S Maybe next climb?	<b>07-13-2024</b> 09:35:16 am
Katie S Rather, final climb?	<b>07-13-2024</b> 09:35:35 am
Mikey I'm off on a sweet corn mission hope to be back for the final	<b>07-13-2024</b> 09:35:51 am
Joanna in Virginia Cookie Monster Costume	<b>07-13-2024</b> 09:38:48 am
Katie S Ha!!!!	<b>07-13-2024</b> 09:40:58 am
Joanna in Virginia The two Artisanal White loaves are out of the oven and cooling, one of the Dutch Ovens is preheating for my Artisanal White/Wheat/Rye loaf - the house smells so good! I've taken some whipped butter of fridge and am resigning myself to extra miles on the exercise bike. LOL!	07-13-2024 09:41:12 am out of the
<b>bikerabe</b> 3.3 km to top commercial!	<b>07-13-2024</b> 09:41:58 am
Katie S Annoying	<b>07-13-2024</b> 09:42:21 am
<ul><li>Katie S Annoying</li><li>PasadenaK8 Wonder if that was Phil "the Cookie Monster†Gaimon on the side of the road?</li></ul>	
PasadenaK8 Wonder if that was Phil "the Cookie Monster†Gaimon	09:42:21 am 07-13-2024
PasadenaK8 Wonder if that was Phil "the Cookie Monster†Gaimon on the side of the road?	09:42:21 am 07-13-2024 09:43:18 am 07-13-2024

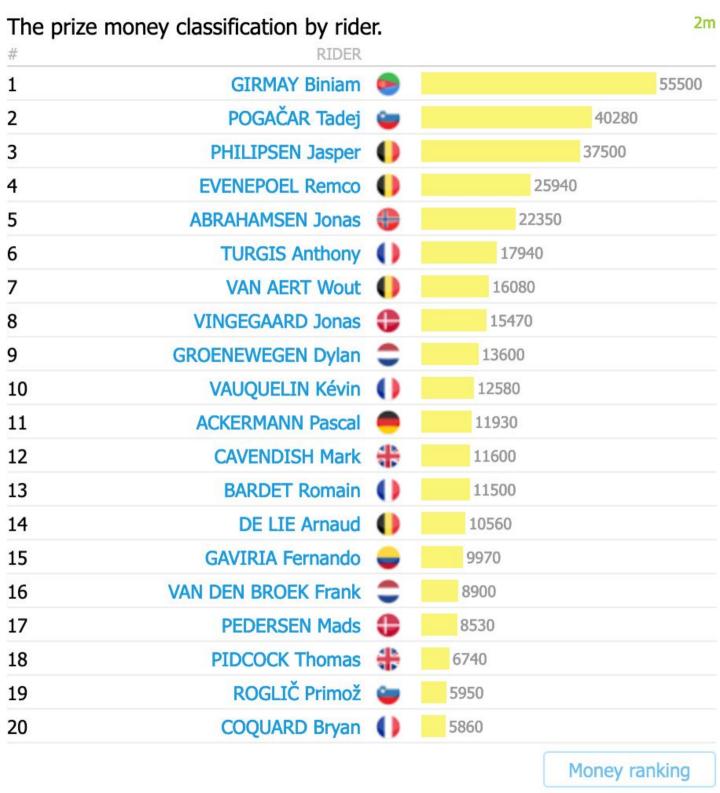


PasadenaK8 How many did you eat? ðŸ~œ

07-13-2024 09:53:01 am

mmcnally I went back each day we there. So I did three. I had ordered and saw it out of the corner of my eye and asked to add it to my order. There is a beautiful little town square right outside the boulangerie. I went out sat on a bench and took a bite. I think music started playing in my head. Ha!

Katie S I bet!!!	<b>07-13-2024</b> 09:55:45 am
PasadenaK8 Sounds like a perfect day!	<b>07-13-2024</b> 09:55:47 am
Joanna in Virginia Averting my eyes!	<b>07-13-2024</b> 09:56:29 am
Katie S La Mongie lacks architectural beauty	<b>07-13-2024</b> 09:56:53 am
mmcnally The place is called Au Petit Creux if you are ever in that town for a visit.	<b>07-13-2024</b> 09:57:53 am
<b>Katie S</b> I love that Phil calls the riders' head gear "crash helmets.â€	<b>07-13-2024</b> 10:01:46 am
Joanna in Virginia "I've looked at clouds from both sides now"	<b>07-13-2024</b> 10:02:41 am
PasadenaK8 Biniam Girmay has been making a nice little bit of pocket change this Tour	<b>07-13-2024</b> 10:04:26 am
PasadenaK8 https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/17208797 1720879472255.jpeg	07-13-2024 10:04:34 am 72-
Katie S Bettiol abandoning	<b>07-13-2024</b> 10:04:53 am
Katie S Santa Claus!	<b>07-13-2024</b> 10:09:28 am
Katie S (Not the skinny French Pere Noel)	<b>07-13-2024</b> 10:09:30 am
<b>bikerabe</b> 5 km to cat 3climb	<b>07-13-2024</b> 10:11:00 am
<b>Katie S</b> This stage is really tugging in my heartstrings to get on my road bike again…	<b>07-13-2024</b> 10:18:03 am









mmcnally Katie, allow me to make a small edit "tugging at my heartstrings to<sup>07-13-2024</sup> 10:23:36 am get on my road bike again in France" There. Fixed it.

·	2
	W 150

Katie S Merci! C'est ca! 07-13-2024 10:24:09 am



Mikey Sweet corn success!

07-13-2024 10:24:25 am



What'II you do with it? Katie S

07-13-2024 10:24:46 am



I can channel Buster and say eat it Mikey

07-13-2024 10:25:11 am



I'm thinking simple for the first round of corn. Just butter and salt

07-13-2024 10:25:46 am



Katie S Ha!!! I asked for that! 07-13-2024 10:26:26 am



**PasadenaK8** https://www.youtube.com/watch?v=ZcJjMnHoIBI

07-13-2024 10:26:41 am



Mikey If its really time and good I'll go back tomorrow for more and maybe grill it

07-13-2024 10:26:49 am



**Katie S** Are you a grill-in-the-husk or a char-the-kernals guy?

07-13-2024 10:27:37 am



I do both depending upon mood. Also in foil with other veggies

07-13-2024 10:28:23 am

**bikerabe** recently found on sidewalk an old Schwinn frame and fork lugged steel has head badge no readable model name but has frame sticker saying "double-butted frame tubes Made in USA"so from Waterford factory that did Schwinn Paramount models

07-13-2024 10:29:27 am



Sometimes "de-corn" the kernels and make a nice salad

07-13-2024 10:29:29 am

Katie S https://rumbletalk-imagesupload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/17208818701720881570678.jpeg

this is much better, lighter than Continental

07-13-2024

10:38:48 am

Joanna in Virginia YUM!	<b>07-13-2024</b> 10:39:55 am
Katie S Breakfast! With our first strawberry of the season	<b>07-13-2024</b> 10:40:01 am
Mikey Yikes! It's a different climb	<b>07-13-2024</b> 10:40:06 am
Joanna in Virginia So, my labyrinthine dysfunction has been overwhelming the last few days due to the intense pressure system changes. I stay very close to walls when walking so that I can support myself. As you all know, I cannot POV videos on descents, I am having difficulty with the climbs, too. Stupid brain	10:47:39 am
Katie S Wheel problem for the Astanan	<b>07-13-2024</b> 10:47:39 am
Tim in KY Pain au chocolat. My breakfast every day when we're in Paris.	<b>07-13-2024</b> 10:47:41 am
<b>Katie S</b> Jo, l'm so sorry. That sounds truly awful.	<b>07-13-2024</b> 10:49:02 am
Mikey Sorry Jo. Stupid brain	<b>07-13-2024</b> 10:49:20 am
Joanna in Virginia It really makes watching cycling tough.	<b>07-13-2024</b> 10:50:40 am
<b>Tim in KY</b> Done and back for the finale. That was a lot of chopping and slicing. Now it has to meld until supper time.	<b>07-13-2024</b> 10:50:41 am
Katie S All fingers intact from the chopping?	<b>07-13-2024</b> 10:51:53 am
SFinAus Hello everyone.	<b>07-13-2024</b> 10:52:07 am
Katie S Hi, Shawn	<b>07-13-2024</b> 10:52:26 am

SFinAus Sorry to hear about your difficulties, Jo. Â It must be miserable to 07-13-2024 experience.



<b>Tim in KY</b> I have terrible knife skills, Katie so I am very slow and careful.	<b>07-13-2024</b> 10:54:18 am
Tim in KY Going to be a GC stage I guess.	<b>07-13-2024</b> 10:55:22 am
Tim in KY I hope Buster is not driving the car.	<b>07-13-2024</b> 10:56:00 am
<b>Katie S</b> Yup, I was just thinking that. Break won't last.	<b>07-13-2024</b> 10:56:17 am
SFinAus Btw, that is a wonderful strawberry beautifully presented, Katie. Â never have any success in Tx.	07-13-2024 10:59:46 am
Katie S This was a found plant from several years ago… it was in a pot wit something else. I extracted it, replanted it and voila! But I think we'II be lucky to get 3-4 berries.	<b>h 07-13-2024</b> 11:01:28 am
Joanna in Virginia Agreed, a chocolate croissant is the perfect palate for a strawberry.	<b>07-13-2024</b> 11:01:49 am
Tim in KY Don't think Ben will last for 10 more Km.	<b>07-13-2024</b> 11:02:01 am
<b>Katie S</b> He's giving it a go	<b>07-13-2024</b> 11:03:33 am
Mikey Where are they for time Tim? Another 30 minutes?	<b>07-13-2024</b> 11:06:34 am
Joanna in Virginia https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/17208835 1720883224389.jpeg	07-13-2024 11:07:05 am 524-
Joanna in Virginia Very rustic, but the three loaves planned for today are done.	<b>07-13-2024</b> 11:07:20 am
KimC Beautiful!!!!!	<b>07-13-2024</b> 11:07:23 am



Katie S Gorgeous!	<b>07-13-2024</b> 11:07:58 am
Joanna in Virginia I cannot wait to slice into the white/wheat/rye loaf	<b>07-13-2024</b> 11:08:55 am
PasadenaK8 Those look absolutely yummy ~ kudos to the Chef!	<b>07-13-2024</b> 11:08:57 am
Joanna in Virginia Thank you! It has been weeks since I last baked and have really missed it.	<b>07-13-2024</b> 11:09:25 am
Tim in KY They're about on the imagined time, Mikey.	<b>07-13-2024</b> 11:09:34 am
Katie S And the contest begins to roll out	<b>07-13-2024</b> 11:12:23 am
SFinAus Nice bloom there, Jo.  That's another thing I never seem to pull off.	<b>07-13-2024</b> 11:12:27 am
<b>bikerabe</b> under 7 kim Go Ben Go	<b>07-13-2024</b> 11:13:13 am
Joanna in Virginia Thanks, Shawn! I've really lucked out in my learning curve.	<b>07-13-2024</b> 11:13:13 am
<b>bikerabe</b> Adam Yates 1st chase	<b>07-13-2024</b> 11:13:56 am
<b>bikerabe</b> Pogt not attacking	07-13-2024 11:14:30 am
Katie S Yet	<b>07-13-2024</b> 11:14:39 am
<b>KimC</b> l've got the wrong Yates on my team.	07-13-2024
	11:14:45 am

Katie S Ha! Good one!	<b>07-13-2024</b> 11:16:36 am
Joanna in Virginia Which Yates is the Yateseyest?	<b>07-13-2024</b> 11:16:56 am
<b>bikerabe</b> Jorgenson there for VINEGO	<b>07-13-2024</b> 11:17:03 am
bikerabe 5 KM!	<b>07-13-2024</b> 11:17:36 am
Katie S Pog	<b>07-13-2024</b> 11:18:38 am
<b>bikerabe</b> yATES CATCHING	<b>07-13-2024</b> 11:18:40 am
SFinAus Boom!	<b>07-13-2024</b> 11:19:05 am
KimC T Pog!	<b>07-13-2024</b> 11:19:06 am
<b>bikerabe</b> Pog goes	<b>07-13-2024</b> 11:19:31 am
Katie S See ya, Ben	<b>07-13-2024</b> 11:19:47 am
<b>bikerabe</b> Pog and Yates in front	<b>07-13-2024</b> 11:19:51 am
SFinAus UAE throwdown	<b>07-13-2024</b> 11:20:08 am
Mikey Pog closed the gap pretty quickly!	<b>07-13-2024</b> 11:20:22 am
KimC Will Pog gift Yates the stage win?	<b>07-13-2024</b> 11:20:56 am
Katie S Yates has done his job, I think	<b>07-13-2024</b> 11:21:39 am

SFinAus Unmatched acceleration when he pulls the trigger. Good question Kim	<b>07-13-2024</b> 11:21:41 am
Joanna in Virginia Oomph	<b>07-13-2024</b> 11:21:51 am
<b>bikerabe</b> 3 km	<b>07-13-2024</b> 11:22:45 am
Katie S Pogi is flying	<b>07-13-2024</b> 11:22:48 am
<b>bikerabe</b> no gifts	<b>07-13-2024</b> 11:23:13 am
Tim in KY There should be barriers this close to the finish.	<b>07-13-2024</b> 11:23:29 am
Katie S Eeeeejits	<b>07-13-2024</b> 11:24:26 am
<b>bikerabe</b> 2 km	<b>07-13-2024</b> 11:24:51 am
Katie S Phew. Barriers	<b>07-13-2024</b> 11:26:08 am
Joanna in Virginia I see barriers!	<b>07-13-2024</b> 11:26:08 am
Joanna in Virginia Road surface a wee bit rough.	<b>07-13-2024</b> 11:26:27 am
<b>bikerabe</b> Ultimo KM	<b>07-13-2024</b> 11:26:37 am
Katie S Yes. No flat, please	<b>07-13-2024</b> 11:26:43 am
Mikey Cable car for you Jo!	<b>07-13-2024</b> 11:26:55 am

Mikey No brain bo	<b>07-13-2024</b> 11:27:08 am
Katie S Kite	<b>07-13-2024</b> 11:27:08 am
Joanna in Virginia If I fall over watching this, someone will pick me up, right? LOL!	<b>07-13-2024</b> 11:27:15 am
Mikey We've got you covered	<b>07-13-2024</b> 11:27:33 am
Joanna in Virginia Pog crosses.	07-13-2024 11:29:14 am
Katie S Jonas suffering	<b>07-13-2024</b> 11:29:24 am
Joanna in Virginia Here comes Vingo.	<b>07-13-2024</b> 11:29:25 am
Joanna in Virginia Plus 38 seconds.	<b>07-13-2024</b> 11:29:41 am
Tim in KY More chores.	<b>07-13-2024</b> 11:30:48 am
Mikey Yates not very Yateslike	07-13-2024 11:30:48 am
Joanna in Virginia Okay, so glad I got to spend "Artie Day" with you all.  Now to slice a piece of bread and get on my exercise bike. Have a great day all!	<b>07-13-2024</b> 11:30:58 am
Mikey Baaa	07-13-2024 11:31:07 am
PasadenaK8 Off to my "bored†meeting *:-/ See you all tomorrow…	07-13-2024 11:31:13 am
Katie S Great day! See you for Bastille Day!	<b>07-13-2024</b> 11:31:33 am